



CREATING A SAFE ENVIRONMENT FOR ALL IN RUGBY

HILLHEAD JORDANHILL RUGBY CODES OF CONDUCT



PARENTS CODE OF CONDUCT

- **Do not force an unwilling youngster to participate.**
- **Never ridicule or shout at your child, or any other, for making a mistake or losing.**
- **Encourage a child always to play by the laws of the sport.**
- **Teach young people that honest effort is as important as victory so that the result of each contest is accepted without undue disappointment.**
- **Turn defeat into victory by helping young people work towards skill improvement and good sportsmanship.**
- **Remember that young people learn best by example.**
- **Do not publicly question the judgement or honesty of match officials.**
- **Support all efforts to remove verbal and physical abuse from all levels of youth sport.**
- **Recognise the value and importance of volunteer coaches and officials. They give their time and resources to provide recreational activities for young people**



PLAYERS CODE OF CONDUCT

- **Play for enjoyment, not just to please your parents or coach.**
- **Abide by the laws of the sport.**
- **Never argue with the decisions of match officials - let your captain or coach ask any necessary questions.**
- **Control your temper, no foul language.**
- **Work equally hard for yourself and your team, your team's performance will benefit and so will your own.**
- **Be a good sport - applaud all good performance, whether by your team or by the opponent.**
- **Treat all participants as you yourself would like to be treated.**
- **Don't interfere with, bully or take advantage of any other player.**
- **Remember that the aim of sport is to have fun, improve your skills and feel good.**
- **At the end of play, applaud and thank your opponents and the match officials. The forming of narrow and aggressive player tunnels should not take place.**
- **Win with humility, lose with dignity.**



SUPPORTERS CODE OF CONDUCT

- **Remember that young people are taking part in organised sport, which is intended to be played for enjoyment. They are not professional or international gladiators.**
- **Be on your best behaviour. Do not use profane language or harass players, coaches or officials.**
- **Acknowledge good performance and FAIR PLAY by opponents as well as by your own team.**
- **Show respect for opponents and officials. Without them, there would be no competition.**
- **Condemn the use of violence in all forms.**
- **Verbal abuse of players or officials is not acceptable in any shape or form.**



COACHES CODE OF CONDUCT

- **Remember that young people need a coach they can respect - be generous with your praise when it is deserved and set a good example.**
- **Be reasonable in your demands on the young player's time, energy and enthusiasm.**
- **Remember that they have other interests and demands on their time.**
- **Teach young players that the laws of the sport are mutual agreements which no one should evade or break.**
- **Ensure that all your charges participate - average and below average participants need and deserve fair time and attention.**
- **Remember that young people are involved for fun and enjoyment and that winning is only part of it - never ridicule or shout at participants for making mistakes or losing it.**
- **Develop team respect for the ability of opponents, as well as for the judgement of match officials and opposing coaches.**
- **Follow the advice of a doctor in determining when an injured performer is ready to participate again.**
- **Never criticise the officials during or after the event in front of players or spectators - always thank officials and if they have made any decisions which require clarification discuss that privately with them afterwards.**
- **Make a personal commitment to keep yourself informed on sound coaching principles and the principles of growth and development of young people.**
- **Encourage young people to develop basic skills and FAIRPLAY and avoid over-specialisation during their formative years.**
- **Insist on fair and disciplined play - do not tolerate foul play, cheating, violence or bad language..**